

SAFETY FIRST!!!

Solo Daga Padded Knife Competition Rules

All Safety equipment is subject to Official Approval!!

Mandatory / Optional Safety Equipment:

- A. **MANDATORY HEADGEAR WITH A SOLID FACE MASK OR PLASTIC SHIELD (FENCING MASK, WEKAF, ETC) CAGE MASK IS NOT ALLOWED!!**
- B. **MANDATORY HANDGEAR PADDED GLOVES COVERING FINGERS (HOCKEY GLOVES, LACROSSE, ETC.)**
- C. **MANDATORY GROIN CUP (MEN ONLY)**
- D. **MANDATORY CHEST PROTECTORS FOR WOMEN**
- E. **OPTIONAL ELBOW GUARDS / FOREARM OR KNEE PADS**
- F. **OPTIONAL FOOT GEAR (GYM OR ATHLETIC SHOES)**
- G. **OPTIONAL MOUTHPIECE**

NOTE: THE SOLO DAGA PADDED KNIFE WILL BE PROVIDED. ALSO, HEADGEAR AND HANDGEAR WILL BE AVAILABLE FOR USE IF YOU DO NOT HAVE ANY.

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Solo Daga Point Sparring Matches

1. All matches consist of one continuous three minute round. Finals for 1st, 2nd, and 3rd place will also be a duration of again one continuous three minute round. **Timeout will only be stopped for any fouls, injuries, damaged weapon, fixing of sparring gear or decisions and then will only be called by the Head Center Referee.**
2. There will be only one Head Referee in the center of the ring controlling the fighters and three Judges on the outside of the ring who will be asked to call for points by the head center referee.
3. All matches are based on an 8 point scoring system in order to win. It takes a call from two (2) out of three (3) judges to be awarded any points. If time runs out before a competitor receives 8 points, the competitor with the most points is declared the winner.
4. When both competitors are tied in points when time expires at the end of a regulation match, a sudden death is determined – There is no time limit – The competitor who scores the first point wins.
5. All matches are single elimination with the exception of the final four competitors. The two losers will fight again for 3rd place.

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Solo Daga Point Sparring Target & Non-Target Areas

Strict adherence to the **reality** of edged **knife offense** and **defense** techniques must be observed. To score a point, the strike must have contact with **intent** and has to be a **solid** stab, cut or slash with accuracy!!

Legal Target Areas for Points:

- | | | |
|----|--|----------|
| A. | Front lower mid-section (Stomach area) STAB ONLY!! | 2 Points |
| B. | Front mid-section (Above the waist and below the neck) | 1 Point |
| C. | Head shots (Frontal, Top and Sides Only) | 2 Points |
| D. | Weapon Arm (Arm holding the weapon) | 1 Point |
| E. | Non-Weapon Arm (Checking or Alive Hand) | 1 Point |

Illegal Target Areas:

- A. No strikes to the area from the waist down to the knees
- B. No strikes to the back of the body from the head on down to the feet
- C. No strikes to the neck area

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Legal Techniques and Target Area:

1. CUTS AND SLASHES TO THE HEAD (TOP, FRONT AND SIDES)
2. CUTS AND SLASHES TO THE FRONT MID SECTION (BELOW THE NECK AND ABOVE THE WAIST)
3. CUTS, SLASHES AND STABS TO THE ARMS
4. STABS TO THE FRONT LOWER MID SECTION (STOMACH AREA)
5. STABS TO THE ARMS WITH A REVERSE GRIP (ICE PICK GRIP)

Illegal Techniques and Target Area:

1. NO STRIKES TO THE THROAT AND NECK AREA
2. NO STRIKES TO THE BACK OF THE BODY FROM THE HEAD ALL THE WAY DOWN TO THE FEET
3. NO GRABBING OR LEG SWEEPS AT ANY TIME
4. NO HITTING AFTER THE BREAK IS CALLED BY THE HEAD REFEREE
5. NO STRIKING WITH USE OF THE FEET, FIST OR ANY JUDO / WRESTLING TAKE DOWNS
6. NO STRIKING WITH THE BUTT OF THE KNIFE (PUNYO)
7. NO THRUSTING TO THE HEAD, NECK AND GROIN AREA

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Illegal Fouls:

1. EXECUTION OF AN ILLEGAL TECHNIQUE OR STRIKES TO THE NON-DESIGNATED TARGET AREA, THE FOLLOWING WILL APPLY:

(Three Strike Rule)

FOUL 1 - WARNING OR DISQUALIFICATION

FOUL 2 - 1 POINT AWARDED TO YOUR OPPONENT

FOUL 3 - DISQUALIFICATION

2. IT TAKES (2) OUT OF (3) JUDGES TO CALL A FOUL

3. FOULS CAN ONLY INCREASE, NOT DECREASE. THE FOUL DOESN'T HAVE TO BE THE SAME FOUL IN ORDER FOR YOU TO GAIN A 2ND AND 3RD FOUL AND AN IMMEDIATE DISQUALIFICATION FROM THE MATCH.

Disqualification:

1. THREE STRIKE RULE

2. DELIBERATE ILLEGAL TECHNIQUES

3. SHOWING DISRESPECT OR UNSPORTSMANSHIP CONDUCT

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Solo Daga Point Sparring Competitor Pairing

1. Utilizing the “Bye System” and the separation of the competitors from the same school. **1ST ROUND ONLY.**
2. Competitors will be paired by height whenever possible. **1ST ROUND ONLY**
3. The byes will be determined by the competitors drawing from a deck of playing cards.
4. In cases of three (3) competitors, there will be no round robin. The matches will be determined by the draw from a deck of playing cards.

Running Out of Bounds:

1. IF THE COMPETITOR RUNS OUT OF THE RING, THE FOLLOWING IS APPLICABLE:

1 ST TIME - WARNING RECEIVED

2 ND TIME - ANOTHER WARNING

3 RD TIME - 1 POINT WILL BE TAKEN AWAY FROM COMPETITOR

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2. A “FORCE OUT” WILL NOT BE REGARDED AS RUNNING OUT OF THE RING. A “FORCE OUT” WILL BE DETERMINED BY THE HEAD CENTER REFEREE.
3. IF A COMPETITOR HAS ONE FOOT OUT OF THE RING, HE OR SHE WILL BE INELIGIBLE TO SCORE A POINT, WHEREAS THE OTHER COMPETITOR HAS THE OPPORTUNITY TO SCORE A POINT. IF A COMPETITOR HAS BOTH FEET OUT OF THE RING, THE HEAD CENTER REFEREE WILL CALL BREAK AND RESTART THE FIGHT.

Non Weapon Hand

Blocking Momentarily, Parrying, Passing and Tapping with the Non Weapon Hand is only allowed on the opponent’s arm that is holding the weapon. Nothing Else. No Grabbing or Holding !!

Dropped Weapon

If a competitor drops his/her padded knife, he or her has **3 seconds** to defend with **empty hand skills against the knife** whereas the competitor with the knife has **3 seconds** to score a point before the head center referee calls break.

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No Turning of Back Rule:

No deliberate turning of back to avoid being scored upon. Up to two warnings will be given. If a third warning is given, the competitor will be deducted one point.

Ground Rule

If a competitor falls to the floor and does not rise within **3 seconds**, the head center referee will call break and restart the bout.

No Coaching Rule:

All Instructors will be warned if coaching near the ring during a match. If a warning is ignored, the instructor's student may be disqualified.